

Curriculum Vitae

Dr. Federico Giordani

Medico Chirurgo

Specialista in Medicina Fisica e Riabilitazione

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ISTRUZIONE

2011–2018: Laurea in Medicina e Chirurgia, Università di Padova

2018: Iscrizione all'Albo dei Medici e Chirurghi, Trento

2022: Laurea in Medicina Fisica e Riabilitativa, Università di Padova

2024-2025: Master in Ecografia Miofasciale, Università degli Studi di Padova.

Formazione post-laurea

2018: Tirocinio in Chirurgia, Ospedale di Rovereto, Italia

2018-2021: Scuola di Manipolazione Fasciale, Direttori Prof.ssa Carla e Antonio Stecco, Padova

2020-2021: Tirocinio in Riabilitazione Neurologica, Direttore J. Bonavita, Villa Rosa, Pergine Valsugana, Trento

2022: Osservatore presso l'Universitätsklinikum Munster (UKM), Università di Munster, Dipartimento Muscolo-Scheletrico.

Incarico Attuale

Dal 2022 ad oggi: Fisiatra presso il Centro di Riabilitazione Neurologica, Villa Rosa, Pergine Valsugana, APSS Trento.

Bibliografia e produzione scientifica

1. Giordani F, Bernini A, Müller-Ehrenberg H, Stecco C, Masiero S. A global approach for plantar fasciitis with extracorporeal shockwaves treatment. *European Journal of Translational Myology*. 2019;29(3).
2. Stecco C, Pirri C, Fede C, Fan C, Giordani F, Stecco L et al. Dermatome and fasciatome. *Clinical Anatomy*. 2019;32(7):896-902.
3. Stecco C, Giordani F, Fan C, Biz C, Pirri C, Frigo AC, Fede C, Macchi V, Masiero S, De Caro R. Role of fasciae around the median nerve in pathogenesis of carpal tunnel syndrome: microscopic and ultrasound study. *J Anat*. 2020 Apr;236(4):660-667.
4. Franchin SM, Giordani F, Tonellato M, Benazzato M, Marcolin G, Sacerdoti P, Bettella F, Musumeci A, Petrone N, Masiero S. Kinematic bidimensional analysis of the propulsion technique in wheelchair rugby athletes. *Eur J Transl Myol*. 2020 Apr 1;30(1):8902
5. Tognolo L, Giordani F, Biz C, Bernini A, Ruggieri P, Stecco C, Frigo AC, Masiero S. Myofascial points treatment with focused extracorporeal shock wave therapy (f-ESWT) for plantar fasciitis: an open label randomized clinical trial. *Eur J Phys Rehabil Med*. 2022 Feb;58(1):85-93. doi: 10.23736/S1973-9087.21.06814-3. Epub 2021 Nov 17. PMID: 34786906.

6. Stecco C, Pirri C, Fede C, Fan C, Giordani F, Stecco L, Foti C, De Caro R. Dermatome and fasciatome. Clin Anat. 2019 Oct;32(7):896-902. doi: 10.1002/ca.23408. Epub 2019 May 28. PMID: 31087420.
7. Stecco A, Giordani F, Fede C, Pirri C, De Caro R, Stecco C. From Muscle to the Myofascial Unit: Current Evidence and Future Perspectives. Int J Mol Sci. 2023 Feb 24;24(5):4527. doi: 10.3390/ijms24054527. PMID: 36901958; PMCID: PMC10002604.
8. Li W, Liu X, Wen Y, Wu J, Giordani F, Stecco C. The effect of fascial manipulation therapy on lower limb spasticity and ankle clonus in stroke patients. Eur J Transl Myol. 2024 Jul 3;34(3):12172. doi: 10.4081/ejtm.2024.12172. PMID: 38958224; PMCID: PMC11487625.
9. Bonaldi L, Pirri C, Giordani F, Fontanella CG, Stecco C, Uccheddu F. Segmentation of the thoracolumbar fascia in ultrasound imaging: a deep learning approach. BMC Med Imaging. 2025 May 15;25(1):164. doi: 10.1186/s12880-025-01720-2. PMID: 40375198; PMCID: PMC12083131.
10. Müller-Ehrenberg H, Giordani F, Müller-Ehrenberg A, Stange R. The Use and Benefits of Focused Shockwaves for the Diagnosis of Myofascial Pain Syndrome by Examining Myofascial Trigger Points in Low Back Pain. Biomedicines. 2024 Dec 20;12(12):2909. doi: 10.3390/biomedicines12122909. PMID: 39767813; PMCID: PMC11673203.
11. Müller-Ehrenberg H, Bonavita J, Sun Y, Stecco C, Giordani F. The State of Extracorporeal Shockwave Therapy for Myofascial Pain Syndrome-A Scoping Review and a Call for Standardized Protocols. Life (Basel). 2025 Sep 24;15(10):1501. doi: 10.3390/life15101501. PMID: 41157174; PMCID: PMC12565389.

Reviews, libri e capitoli di libri:

Muller-Ehrenberg H., Giordani F. Extracorporeal Shockwave Therapy (ESWT) on Myofascial Tissue in Schleip et al. Fascia: The Tensional Network of the Human Body 2E

Congressi da Relatore:

- 26th ISMST World Congress 2025, Bogotá, Colombia, 18-20th September 2025
- 7th Fascia Research Congress, New Orleans, 10-14 August 2025.
- 19° congresso AIRM, La riabilitazione della mano: convergenza di saperi, 14-16th November 2024
- 26° ISMST World Congress, Amsterdam, 6-8th Junw 2024
- SIMFER 2023, Bologna 12-15th October 2023
- 25° ISMST World Congress, Daegu, Korea, 21-23th July 2023
- SIRN 23, Trento, 20-23th April 2023
- 24° ISMST World Congress, Prague, 7-10th September 2022
- VSOU Kongress, Baden Baden, April 28-30th, 2022
- IAMMM scientific congress, Padua, November 12-13th, 2021
- 23° ISMST World Congress, Wien, November 4-5th, 2021
- Primo seminario italiano sulla fascia corporis, FIMO, Montecatini Terme, 18th 2021
- Il ruolo della fascia: fasce e dolore, FAD, Simfer, April 7th, 2021 (webinar)
- Connective Tissues in Sports Medicine 3rd CONNECT Congress, March 26-27th, 2021 (webinar)
- Idrokinesiterapia e disfunzioni fasciali, ACQUATEA, October 3rd, 2020

Lingue conosciute

Italian (madrelingua), English (C1), Spanish (C1), German (B1).