

### **Collecting a URINE sample for SCHISTOSOMA spp. detection**

- To collect the urine sample, use a sterile container that has a wide opening with a screw-on lid that is provided by the laboratory or can also be purchased in a pharmacy.
- Do not urinate before collecting the sample for three hours.
- Just before collecting the sample, carry out 3-4 kneebends or climb a flight of stairs.
- Collect the following samples in the same container:
  - ✓ urine from the beginning of the sample (approx. 5ml)
  - ✓ mid-stream urine (approx. 10ml)
  - ✓ the last drops of urine
- Bring the sample directly to the Microbiology laboratory in as brief a time as possible.

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